

Scottish National Residential Pain Management Programme

Newsletter Issue 2 – March 2017



Welcome to the second edition of the Scottish National Residential Pain Management Programme newsletter. We hope these newsletters are a helpful way of keeping you updated on some of the latest developments within the service.

*****NEW***NEW***NEW***NEW*****

Website Launch

The team are delighted to launch the new website for the service. The site is aimed at both patients and clinicians, as a way to provide information about the service, as well as any latest news. If you have any ideas for items that would be useful to include on the website please let us know.

www.snrpmp.scot.nhs.uk

New referral form

The service will be launching our new referral form within the next two weeks. This new form will have a clearer layout, alongside having a referral checklist which should clarify the information required when making a referral.

Patient Information about SNRPMP

Patient information leaflets are now available for you to provide to individuals you are referring to the service. Leaflets include pre-referral information and pre-assessment information. These are available via our website <http://www.snrpmp.scot.nhs.uk/for-patients/information-for-patients/> or on request.

Road Shows

Contact has been made with all services throughout the early part of 2017 to arrange visits from the SNRPMP team to your MDT. We hope these visits will be a good chance to share with you progress from the service, discuss previous and future referrals and answer any questions you might have. Within these visits we are also keen to capture the best ways of keeping you informed and being accessible to discuss any referrals you are considering.

Clinical

Outcomes

A review of the demographics of individuals referred and physical outcome measures from the first 4 groups has now been completed and was presented at NBPA in November. Average changes of around 40% increase in function were seen from day 1 to day 15 in measures such as the 5 minute walk test and 1 minute sit to stand.

Referrals

The service has now received over 150 referrals. The pattern of referrals is as expected, variable throughout Scotland. Two health boards have yet to make a referral whereas others have referred in high numbers. The largest referrers have tended to be from those with a greater proportion of rural communities. Data has been collated on the number of referrals per 100,000 of the population within each health board.

Group Phase

The next group will take place in May 2017 and is currently full. Following this there will be a further group commencing in August 2017.

Referrals to Bath Pain Services

- NSD require that prior to any referrals being made to services in Bath local teams liaise with SNRPMP to determine if appropriate, or if needs can be met via SNRPMP.
- If we agree Bath would meet patient needs, we will inform NSD and the local board is responsible for making the onward referral.
- Note: for under 18 year olds, local boards must contact NSD directly.

Scottish AHP Chronic Pain Management Network Event

For physiotherapists and occupational therapists

Wednesday 26th April 2017

Allander House, Glasgow

Registration is now open via Eventbrite and the AHP Network.

British Pain Society: Pain Management Programme Conference

14th and 15th September 2017, Glasgow

Registration is now open!

<https://www.britishpainsociety.org/mediacentre/events/gonnae-no-dae-that-exploring-patient-and-clinician-fears-pmp-sig-16th-national-conference/>

Contact

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We welcome your feedback about the service and ideas for future newsletters.