

Scottish National Residential Pain Management Programme

Newsletter Issue 3 –August 2017



Welcome to the third edition of the Scottish National Residential Pain Management Programme newsletter. We hope these newsletters are a helpful way of keeping you updated on some of the latest developments within the service.

Website

Feedback on the new website (www.snrpmp.scot.nhs.uk) has been very positive from both patients and staff. It is providing a useful tool to signpost individuals to when discussing potential referrals. Later in the year, we hope to have videos with graduates sharing their experiences of the programme available on the website. We are always looking for new ideas for what to include on the site so please let us know if you have any news events within your local service that you would like to share.

British Pain Society: Pain Management Programme Conference, Glasgow



**THE BRITISH
PAIN SOCIETY**
EXPERTISE WHERE IT MATTERS

Alongside the team at the Glasgow Pain Management Programme, we are now in the final stages of planning the two-day PMP conference on 14th and 15th September 2017 at Glasgow Caledonian University. The theme of the conference is 'fear' with a wide range of topics exploring fear of technology, fear avoidance, fear of patient involvement and the great 'ACT' debate, discussing the role of Acceptance and Commitment Therapy within pain management. The wide range of topics makes this conference highly relevant to all members of the pain community. Details on the speakers and registration can be found via the link below.

[Register for the conference](#)

Road Shows

The SNRPMP managed to visit most pain services during the spring and this was an excellent opportunity to catch up with most of you to discuss referrals and provide an update on recent service developments. The team are keen to maintain regular contact with all services and plan to allocate a team member as a key contact for each health board in the near future. We hope that we will then be able to tailor our visits and any educational needs specifically for each health board. If you have any ideas for maintaining best contact in your local area, please let us know.

Clinical Referrals

The service has now received over 200 referrals. The spread of referrals by health board remains variable and if you remain unsure about making a referral please contact a member of the team.



Group Phase

The next group will take place this month and is fully booked. Following this there will be a further group commencing in November 2017.

Referrals to Bath Centre for Pain Services

It is hoped that the SNRPMP team will, in most instances, be able to meet the needs of Scottish people who require intensive pain management input. There may, however, remain a very small number of patients who require specific programmes offered by Bath Centre for Pain Services. In order for National Services Division (NSD) to monitor these referrals, all patients you are considering referring to Bath must be at a minimum discussed with the SNRPMP team in the first instance.

Scottish AHP Chronic Pain Management Network Event

For physiotherapists and occupational therapists

Wednesday 1st November 2017

Allander House, Glasgow

Save the date – more information coming soon

Contact Email Scottish.PMP@ggc.scot.nhs.uk
 Telephone 0141-211-3628

We welcome your feedback about the service and ideas for future newsletters.